

# CLUBS & ACTIVITIES

## ACE CLUB - MRS. NUNEZ

ACE club stands for Athletes Committed to Excellence. This club centers around athletes who are dedicated to giving back to the community. Members participate in numerous community service efforts - Toys for Tots, Animal Shelter Volunteer Work, The Rake n Run, Read Across America, and any other charity drive that they choose that year. *Meet in room: 236*

## ANNUAL (YEARBOOK) – MRS. SHORE

Annual or "yearbook" is an organization/activity that requires enrollment in the Visual Communications class. Students enrolled in Visual Communications work on the yearbook and learn a variety of other forms of graphic design, all while earning elective credit. Students on staff and enrolled in the class can expect to learn about and participate in photojournalism, caption writing and layout design in an effort to create an exciting yearbook for the entire student body to enjoy. Yearbook staff members are given the opportunity to learn new skills, become involved at RFHS, meet new and interesting people, and create a finished product they can show off to friends and family. Being a member of a yearbook staff is challenging but rewarding. "Yearbook staff member" is often a characteristic well received by college admissions and scholarship committees as it shows a student's ability to be responsible and complete tasks on deadlines. Yearbook is not just a class. It's not just an extra-curricular. It is providing opportunities for fun and a future. *Meet in room: 303*

## ART CLUB – MR. JOHNSON

This is a club for any student who is interested in the arts. One does not have to be in an art class to join this club. Students will engage in such activities as Silkscreen T-Shirt Printing, Arts Movie Night, Homecoming Parade, Painting of Murals in the Art Room, and Art Related Trips. This is a casual club that enjoys the creative company of most any individual who enjoys anything Art related. *Meet in room: 303*

## BLAST – MRS. JAKOBS

BLAST (Bigs & Littles Are Special Together) This group visits Dillon School tow times per month and works with K-3 students on Asset building activities. It is modeled after Big Brothers/Big Sisters. Join this group and come have a BLAST!

## BLIND – MRS. JAKOBS

BLIND (Building Lasting Impressions that Never Die) This program is a diversity and tolerance building program based on the 40 Developmental Assets which helps provide, leadership training (6 week leadership class), self esteem (Girls Group) and community service projects. Leaders are chosen but any student may participate in the activities. If you are interested in learning more stop and see Mrs. Jakobs.

## DRAMA – MRS. SCHAEFER

RFHS Drama Club - new to RFHS! If you are interested in acting, directing, sound effects, make-up design, costume design, set building, or just having fun, the drama club is for you. Each month the club will have a planned activity, such as "How to Apply Zombie Make-up" in October or holiday skits in December. The drama club opens doors to other activities such as the fall and spring plays, contest play, group interpretation, and speech team. Come be a part of a new and exciting club at RFHS! *Meet in room: 237*

## FRENCH CLUB – MRS. ERICKSON-BETZ

This club is open to students who share a similar interest in French language or France in general. The club is social, usually holding two-three field trips per year that provide a chance to get out and do something fun. French Club also holds fundraisers to raise money for these field trips. Every other year, French Club provides an opportunity for student travel to Europe in order to visit France. Fundraising opportunities are sometimes provided to help alleviate the cost of this trip. Students with an interest in overseas travel and a sense of adventure are encouraged to consider taking this trip. *Meet in room:309*

## HISTORY CLUB – MRS. FRAMPTON

The purpose of the Rock Falls High School History Club is to raise the level of historical awareness at Rock Falls High School. We encourage scholarship and continued study in the field of history and cultivate an enjoyment of the past among students. Members go on numerous field trips to historical sites and museums. *Meet in room: 139*

## KEY CLUB – MRS. SCHMITT

Key Club is open to RFHS students that are interested in volunteering in their community. Key Club members must submit a payment of fifteen dollars for Kiwanis dues to participate in club activities. Key Club participates in community services projects throughout the year. Meetings will be held every other week at 7:30 am before school. *Meet in room: 306*

## LIBRARY CLUB – MRS. MCKANNA

The RFHS Library Club is open to any students at RFHS. Many of our members presently serve or have served as student librarians, but this is not a prerequisite. We meet once a month in the school library before school. We usually plan at least one after school social activity for every month. Besides our monthly activities, we create a float for the Homecoming parade, clean up the school yard in the fall and spring, raise money for Toys for Tots and the RFHS Angel Project. Come be a part of the fun!

# CLUBS & ACTIVITIES

## STUDENT COUNCIL – MRS. TESKE

Student council is a student-led organization. The students are responsible for planning Homecoming, the fall picnic, tin-can drive, rowdie shirt design and sales, Santa's helpers, blood drive, Wacky Wednesdays, Hat Day, and recycling. The student council also considers student concerns throughout the building and tries to resolve all student body needs. *Meet in room: 233*

## MUSIC DEPARTMENT - MRS. JUDD

All the music programs are open to any student, regardless of previous experience. If you want to be in band or choir, please join! The flag team is audition only, and auditions will be Friday, May 20th. Please see me Mrs. Judd if you are interested in the drum line.

**Marching Band** is the Fall Band. We start with a band camp August 3,4,5,8,9,10 from 9 am-4pm. We learn to march, learn the music to our show "Cirque de Soleil", and get to know our instruments. We also rehearse in the fall from 2:30-5 pm every Wednesday. We play for all home football games, Rock Falls Parades, and we attend 2 marching band competitions each year.

**Pep Band** is a part of the band program; it plays for basketball games during the winter.

Jazz Band meets after school after marching season on Wednesdays from 2:45-4:30. It also is made up of students from the band, but not everyone is in jazz band, only those who are interested in Jazz are in this band!

**Concert Band** is the band from Winter to Graduation. We perform at Concerts, festivals, and the IHSA State Contests each year.

Choir is open to any student who wants to learn how to sing and read music. We meet during a class period and grades are earned by performing in concerts, festivals, and other musical performances. It requires attending all concerts and the 2 IHSA State Contests during the school year.

Both music organizations are busy supporting Rock Falls both in the community and at Rock Falls High School. Please join and be a part of a winning organization! *Meet in room: 10*

## NATIONAL HONOR SOCIETY - MRS. KYGER

National Honor Society is only open for juniors and seniors; however, freshmen who wish to become part of the National Honor Society definitely need to start planning as freshmen and sophomores.

The National Honor Society is an honorary organization recognizing students who have achieved in the following four areas: Scholarship, Leadership, Service, and Character. To be considered for selection to the National Honor Society as a junior or senior, students must meet the criteria in all four areas.

**Scholarship:** Students must earn and maintain a 3.2 cumulative G.P.A.

**Leadership:** Students should take a constructive lead in classroom and school activities; promote worthy and proper school activities; successfully hold a school office or position of responsibility; and show initiative in areas of study

**Service:** Students should give their time, effort, and talents for the class, school, or community; and show courtesy to teachers, other students, and visitors

**Character:** Students should promptly meet individual responsibilities to the school and teachers and demonstrate the highest standards of attitude toward honesty, reliability, fairness, and tolerance; cooperate in a willing spirit with school regulations concerning private property, books, attendance, hallways, etc.; and uphold principles of morality and ethics. *Meet in room: 234*

## SCHOLASTIC BOWL – MRS. PURDY

The purpose of the Scholastic Bowl team is to allow RFHS students to show their brilliance in an academic competition format. This is accomplished by participating in meets around Northern Illinois that includes both conference and non-conference competition. Scholastic Bowl is similar to what one would envision if "Jeopardy" was played as a team instead of individually. While the majority of meets are on weekends, there are during the week conference competitions. Practices will be announced on the first day of practice. Scholastic Bowl is open to all RFHS students. *Meet in room: 209*

## SCIENCE CLUB – MR. PURDY

The purpose of the Science Club is to expand the offerings of the Science Department at RFHS. We have done this by taking field trips, doing after school labs, and participating in community projects like the "Community Garden". Meetings are arranged as needed to conduct the business of the club. Membership is open to all RFHS students. *Meet in room: 229*

## SPANISH CLUB – MRS. WAHL

Spanish Club is a social club for the purpose of participating in cultural and social activities throughout the school year. It is open to any student currently enrolled in a Spanish class. *Meet in room: 311*

## SPORTS

### FALL

Boys Cross Country-Coach Mark Truesdell  
Boys Golf-Coach Tom Frank  
Football-Coach Jay Mammosser  
Girls Cross Country-Coach Mark Truesdell  
Girls Golf-Coach Deena Thatcher  
Volleyball-Coach Sheila Mammosser  
Dance Team-Coach Jaden Higley  
Cheerleading-Coach Michelle Brown  
Marching Band/Flags-Mrs. Elizabeth Judd

### WINTER

Boys Basketball-Coach Scott Olson  
Girls Basketball-Coach Craig Mammosser  
Wrestling-Coach Derick Cox  
Dance Team-Coach Jaden Higley  
Cheerleading-Coach Michelle Brown

### SPRING

Boys Track-Coach Eric Bontz  
Girls Track-Coach Chris Lacy  
Softball-Coach Kris Nunez  
Baseball-Coach Donnie Chappell  
Bass Fishing-Mark Nardini

*Rock Falls High School does not discriminate on the basis of sex in admission to our participation in its education programs or activities.*

## ROCK FALLS LOYALTY

We're loyal to you, Rock Falls High  
We're Green and Black, Rock Falls High  
You've been put to the test  
And we know you're the best  
Of all schools east and west, rah! rah!  
So stand up for right, Rock Falls High  
Press onward with might, Rock Falls High  
As time surely lengthens,  
Our Loyalty strengthens,  
We're LOYAL to you Rock Falls High

## PHONE NUMBERS

School Number – 815-625-3886  
School Fax Number – 815-625-3889  
Student Services – Ext. 240  
Registrar – Carol Vandermoon - Ext. 0

Superintendent – Dr. Jane Eichman – Ext. 226  
Principal – Ron McCord - Ext. 220  
Assistant Principal – Mike Berentes – Ext. 221  
Athletic Director – Rich Montgomery - Ext. 234